

Lesson Plan

Michael Thom | Friday, November 2, 2007 | Anderson Eastside Middle School Sixth Grade Band

Low Brass Warm-up

Objectives: To solidify concepts of air usage and sound production.
To solidify knowledge of notes (Bb-F) and simple rhythms.
To warm up the instruments, the lips, and the brains.

Procedure:

1. Start with sizzling air.
 - a. First for 8 counts, then 12, then 16, then 20.
2. Buzz
 - a. Low buzz
 - b. High buzz
 - c. Middle buzz
3. Middle buzz for time
 - a. First for 4 counts, then 8, then 12.
4. Play five-note scale, on whole notes (quarter = ca. 60 bpm).
 - a. On half notes.
 - b. On quarter notes.
 - c. New rhythm (put on board – eighth eighth quarter half)
 - i. Who can count this for me?
 - ii. Now everyone play it.